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Educational Division (Cornerstone Christian Academy)

Brenda A. Ragan
Director of Administration

Mary Chapin-Stamey
Director of Education

Judith B. Stewart
General Director

Who We Are

Cornerstone Counseling Center is a nonprofit 501(c)(3) North Carolina corporation organized in 1995. Our primary purposes are

- to provide the Catawba Valley with professional counseling and educational services from a Christian perspective, and
- to support the Christian community through conferences, seminars, and workshops that promote healthy living and service to God.

Since 1995 our counselors have met with over seven thousand clients from all walks and stages of life. The ecumenical fabric of Cornerstone is evidenced by the denominational diversity of our staff.

Fees are charged for services. Many insurance plans cover a portion of the costs. Cornerstone has established a Client Assistance Fund which is available according to a client's need and as funds are available.

Office Hours 9:00 AM to 5:00 PM, Monday through Friday. Later appointments may be available upon request.



CORNERSTONE Counseling Center

Professional Counseling and
Educational Services
from a Christian Perspective



263 Third Avenue NW
Hickory, NC 28601

(828) 322-4941 phone

(828) 322-4931 fax

www.CornerstoneCounselingNC.org

Everyone May Need Help at Some Time

The Challenge

At Cornerstone Counseling Center, we believe there is a need for mental health professionals to draw upon both Scriptural and psychological expertise when assisting clients. Needs range from clients who seek progressive life coaching to those experiencing the most devastating life traumas.

Many men and women lead lives of quiet desperation. Personal wounds and disappointments give way to problems such as depression, anxiety, hopelessness, compulsions, abuses, and broken relationships. God longs to liberate and strengthen each individual and to restore relationships with others and with Him.



Our mission is to encourage therapeutic change as we offer God's message of hope and comfort.

Cornerstone integrates sound counseling theories and strategies with Christian principles. We are committed to promoting excellence in Christian counseling and seek to offer opportunities for continuing education and peer supervision. We adhere to the ethical standards of the American Association of Christian Counselors, the American Counseling Association, and the National Association of Social Workers.

Our Services

- Individual, Marital, Family, Group Counseling
- Life Coaching
- Consulting
- Conferences, Seminars, Workshops
- Psycho-Educational Assessment, Counseling, Tutoring

Issues We Help With

- Addictions
- Anxiety Disorders
- ADD/ADHD & Other Learning Differences
- Career/Job Displacement
- Child & Adolescent Issues
- Chronic Pain
- Depression & Other Mood Disorders
- Divorce & Separation
- Eating Disorders
- Grief and Loss
- Life Enrichment
- Marriage & Family Relationships
- Men's Issues
- Parenting
- Stress Management
- Sexual Abuse
- Spiritual Issues
- Women's Issues
and others

Educational Assessment & Evaluation

Undiagnosed learning differences can profoundly affect the lives of children and adults. Developmental delays and learning differences like ADD/ADHD, dyslexia, reading and writing difficulties may look like laziness, boredom, frustration, and low self-esteem. They can profoundly affect a person's life if they go undetected. Cornerstone Counseling Center's Psycho-Educational Assessment, Counseling, and Tutoring Team offers help for children and adults with learning problems.



We begin with an evaluation and diagnosis of the problem. Evaluation and testing incorporates nationally recognized assessment and testing instruments. From there, we can provide help in a variety of ways which include: working with parents, schools, and teachers; developing individual learning strategies and learning programs; and providing individual tutoring.

Cornerstone Institute

We believe that theology and psychology are a powerful blend and seek to integrate these in educational programs. Seminars, workshops, and conferences offer opportunities to meet the needs of many individuals and families in our community. We enjoy partnering with churches and organizations to provide education in areas such as parenting, understanding teens, marriage, stress management, leadership, and forgiveness, to name just a few. The institute also provides professional development in the form of supervision and continuing education for Christian counselors.

Cornerstone Christian Academy

After five years of offering testing and tutoring services, Cornerstone Christian Academy (CCA) was created in the Spring of 2004 to address the educational needs of students with learning differences who have cognitive abilities in the average or above range. Our desire is to help students deal with learning issues while developing compensatory strategies and discovering individual strengths. Students work in small groups where the curriculum provides opportunities for each student to be challenged and excel. In addition to our commitment to offer an education rooted in Biblical principles, our curriculum is multi-sensory and strongly based in the Orton-Gillingham approach to language study. We are committed to maintain an average student-teacher ratio of no more than five-to-one. For additional information please call (828) 781-2227.

